

Initial Assessment – DR 999 <C> ABCDE

This Guide is available as a PDF download



D	Check for danger – self, then others
R	Check for response – voice or touch
999	If no response
<C>	Cat bleed. Control any life-threatening bleed
A	Check, then open A irway
B	Check for normal B reathing
C	Start C PR / C irculation (bleed) check

D	Check for D isability / D eformity
E	E xpose / E xamine (top to toe) for other injuries / conditions (also consider E nvironment)

A	A lert
C	C onfused words / doesn't make sense
V	Responds to V oice
P	Responds to P ressure / P ain
U	U nresponsive

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	RB	Ratio **	CPR (100-120/m)	Depth
Infant 0-1	5	30:2	2 thumbs	1/3
Child 1-12	5	30:2	1 or 2 hands	1/3
Adolescent 13-18	5	30:2	2 hands	5-6cm
Adult 18+ *		30:2	2 hands	5-6cm

RB: Rescue Breaths. Same as regular breaths but x5 to start only

***** If you suspect drowning, then start with 5 Rescue Breaths

****** If you are on a Paediatric-specific course, then 15:2 for under 18s

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